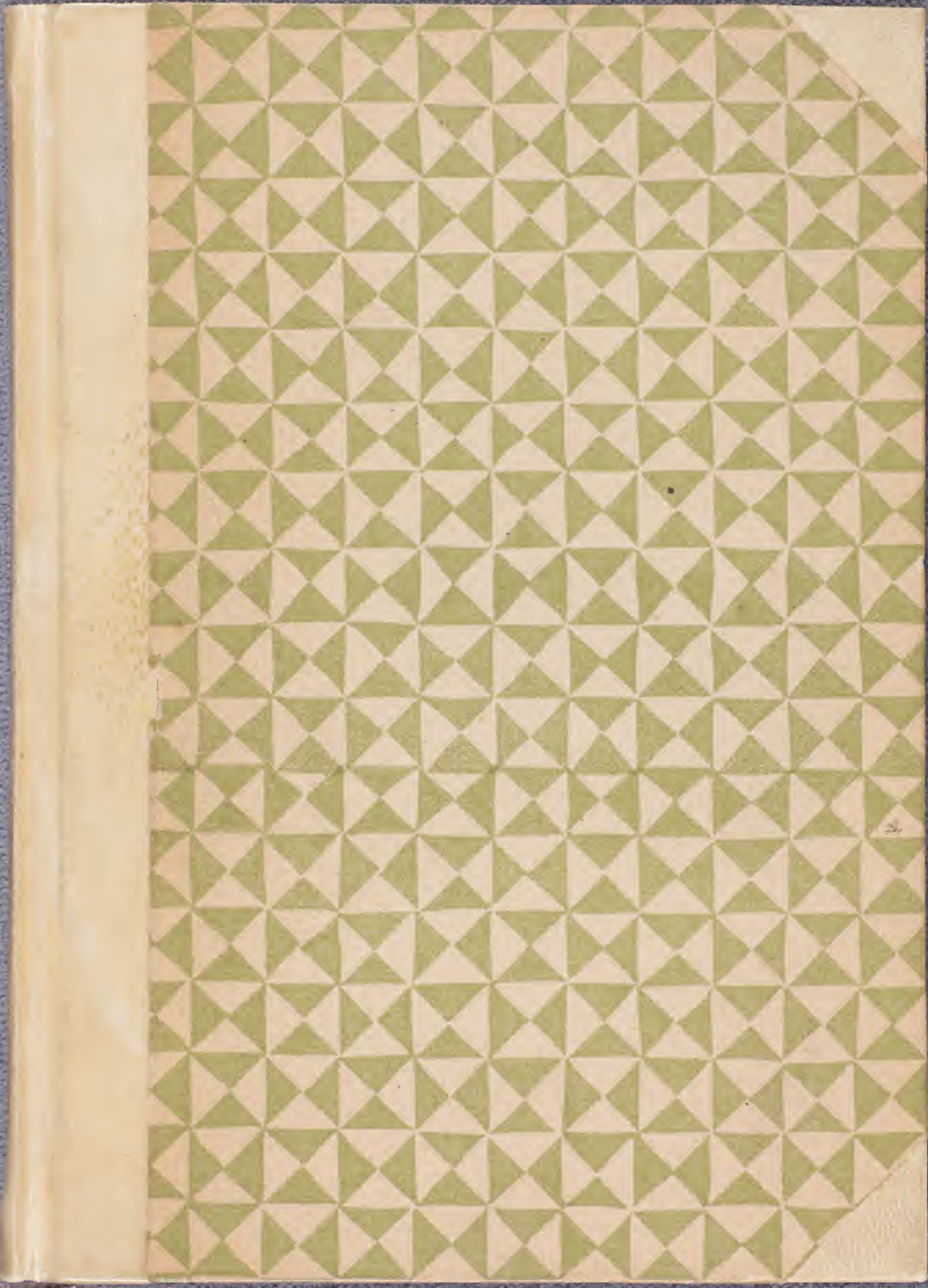



EX LIBRIS
MEDICIS
Harvey Cushing

Constantinus Africanus. Peregrinantis viaticum
MS on vellum of the 13th Century

Possibly from the collection of
Dr. Kuhnholtz-Lordat of
Montpellier

Cf Lynn Thorndike History of Magic Vol I p 742 et seq
for an acc^t of Constantinus Africanus.

Incipit liber de regimine sanitatis

Quia in hoc opere [illegible] libro particulari de theorica ...
corporis humani [illegible] dictum. Similiter ergo medicinae [illegible]
artis [illegible] practicae [illegible] ...
[illegible] in hoc libro [illegible] ...
[illegible] ... custodire
[illegible] ... regimine [illegible]
[illegible] mutabilia [illegible]
naturalia [illegible] complexionem [illegible]
[illegible] duplex [illegible] necessarium [illegible]
[illegible] ... causae [illegible]
[illegible] ... ad [illegible]
[illegible] ... [illegible]
[illegible] calore [illegible] ...
[illegible] ... aere [illegible]
[illegible] ...
[illegible] ...
[illegible] ...
[illegible] ... [illegible]
[illegible] ... [illegible]
[illegible] ... [illegible]
[illegible] ... [illegible]
[illegible] naturam [illegible]
[illegible] ... [illegible]
[illegible] ... custodia [illegible]
[illegible] ...

De custodia sanitatis

Quoniam [illegible] de custodia sanitatis [illegible] dicitur [illegible]
[illegible] de cura [illegible] ...
custodienda sanitatis [illegible] ...
[illegible] ... voluntas [illegible]
[illegible] ... [illegible]
[illegible] sanitatis custodia. Aliqui [illegible] ... custodi-
re sanitatem [illegible] ... sanitatis [illegible]
[illegible] ... custodire [illegible]

no [illegible] cu[m] [illegible] custodi[illegible] [illegible]
[illegible] sanitat[is] [illegible]
[illegible] et ut hic [illegible] curati[illegible] [illegible]
[illegible] medico[rum] [illegible]
[illegible]
corp[us] aut est p[re]ventiv[um] [illegible] aut ip[s]am [illegible] actio [illegible]
[illegible] p[ri]ma [illegible]
[illegible] unde [illegible]
[illegible] aut est custodiva sanit[atis] [illegible] ventur[am] [illegible]
[illegible] ut no[n] veniat [illegible] sanitatis duplex
[illegible] sanus [illegible]
[illegible] regimen [illegible]
[illegible]
tione [illegible] actio e[st] no[n] e[st] [illegible]
[illegible]
[illegible] cibo potu [illegible] modificatione [illegible]
[illegible] consuetudine. dicendum est [illegible]
[illegible] volentes custodiam [illegible]
[O?] hic [illegible]
[illegible]
[illegible]
[illegible] de regimine [illegible]
[illegible] regi [illegible]
[illegible] custodiant [illegible]
in [illegible] regimen [illegible]
[illegible]
[illegible] volentes [illegible]
[illegible] custodire debet [illegible]
[illegible]
[illegible] coadunari [illegible] ex calore [illegible]
[illegible]
[illegible] coadunat [illegible]
[illegible] tempore [illegible]
[illegible]

coagulatur et liquefit et dilatatur et bullit sicut tunc accidit estiui. Et
propterea sunt conuerti ad quedam mala declinatur. generat ergo plures morbos
et certi humores in hunc coagulati faciunt id. porro uer competit omnibus
etatibus. perfecte temperatis frigidis et calidis. et plus uer humidis et ge regere
dicit omnibus temporibus calidum et humidum. aere humidis; in estate temperata custo
diantur etc. et rebus et tempus in tempore existentibus; frigidis. humidis. preter et
quod calor humectatur. et temperatus. Omnibus ergo eligatur et in lo
cis vicinis aque humidis et porte septentrionali plage opposite
et ipsa minima aque madefiat. et si eas fore frondes et flores. et uia
et sic rosas. mirte et salices. Iuuat fame contrahis et cogitationes
dant et exercitia minuantur. lauare fere lauetur in eis et nauet. plus
hic tempore uel calor exterius cogitauit. et minuatur. neque in pauca de
in cibaria sorbilia. digestionem facilia sicut de carnibus vitare quod
cibos cum lesione ferunt. primum leue dari nutrimentum ut dixi.
sic pisces lauant. pullos gallinaceos. pernices. pira. mala et silia
Cauant quod calida et acuta... excepto albo et sorbili. communem
nutrimento competit fore et inter aquas admisceatur. sed hec dicta parum
et non conueniunt. illis tempore conueniunt inter cum eo sunt. Ergo in au
tumno tempus calor sit et in hoc tempore dissoluitur ab eo magis dissolutis. longe
quod sequens vitantur. caueat forcem farmaciam. sed si aliquis fuerit
necessitas et leuis et facilis fiat. quod possit colligere. sic est nimalis
moles. cassia. et manna. et ferruca. et similibus. Conueniunt in hoc tempore
uero et in cum tempore. senioribus et flauis et quibus frigiditas et humiditas dominatur.
et tamen talis quoniam recedit in omnibus temporibus calidum et siccum aere hu
midis; in autumpno caueant a calidis et humidis. et aere et solito
sit ignem. Cooperiantur in nocte propter aerem frigidum. et in extremi
tate diei. magis caput cooperiant. ne reuma patiantur. Caue
ant ergo ea que inueniuntur oportet tempus aer est mutabilis et instabilis
exercitia sint temperata. balnea dulcis aque fiant et calore temperata
cibus et calidi et humidi deuitentur. Iudicant tegmina. gaudia. sic animales
agnum et porcorum carnes electi. pira non caput animalia scilicet iecinora et
spargit. rapum et similibus. Ite alia. caueant fructus. maior est gra
uitas de quibus si aliquis sit necessarie inde uetere. nucas. mala mitea. et
et uinum. uuas passas et similibus. Damnat uinum bibat rubeum clarum. in
do et tempore i. uinis odoriferam. et bene maturum. aqua non misceat. bibatur
sicut tum tempus temperatis corporibus conuenit. magis calidis et humidis. tamen uel humectatum et

senib; et diu. prius oportet nos plenius ... dicta dieta. colericos et
et siccos magis decet humida. caveant calidum. exercicia autem non
leviciam. In hoc est tempore contraria est disposicio. Sellud est et hoc tempore
aere esse pessimum et pessimorum morborum generativum. Unde ypo[crates]
autumpnales morbi interdum sunt acuti et mortiferi. aere in hoc
tempore est mutato. et in uno die multas mores mutat et hic propter
etatis: sed ut ... autumpno et yemente et clauduntur propter aeris
frigiditatem. Unde hic tenuis cibi et malo ... hu[mo]res
mibor. et magis ... dieta non ... quibus pluma ne
mat. et aer humiditate. Oportet tamen assuefacere facere farmac[ias]
... ne venientes hye[me] pori claudantur. et hic ...
... non dissolvantur. sed hoc tempore ... adolescentibus et
pueris et calidis. ... In hac humiditate tempora ... regimen est dieta
... ne ... per poros ... O
... sit ... pelles ...
matutinorum et similia calefacit ad ignem calefaciant ... bo
num odorem reddencia. mansiones eorum sint ... splendore
... magis ... venit pluma. exercicius et laboribus et
... magis in hoc tempore ... quibus hic
... dieta. multam cibi quantitatem accipiat. Calore ...
fortius est ... ad ... et digestione corroborat. sic
ypo. ... Veniet hic ...
... dare ... in hoc tempore. sicut ovei ... porci ...
et omnia similia carnes et siccas ... aut ...
cellatas. et calide condimentis. et perdices et pullos comedere. co
... passeres et similia caveant cibaria. flatum generancia. si
est ... agni porcelli. pisces recentes. lac et similia caveant ci
baria. ... unum bibere ... propter ... Vina tempore
... humiditate. et non decet in hiis temporibus ... humida
... alia ...
... repugnet. Oportet ...
... aut aureum ...
... iuvenes ... dieta ... in hiis
temporibus et ... in hiis temporibus ... calamenda
in dieta. et ... audacia ... senioribus et frigidis
et humidis pessimum est id tempore. Oportet ... dare dietam calidam ...
... dieta in omnibus temporibus ... comedat.

Vinum cum humiditate.

Exercitia sunt laudabilia et utilia custodiendo sanitatem, sicut ait Ga-
lienus. [illegible] superfluitates humorum in
membris [illegible] dissolvunt, calorem naturalem confortant
et ad digerendum adiuvant. [illegible] quanto fortiora sunt exercitia, tanto
maiorum [illegible] est digestiva. Propterea non oportet exercitio assuetos
[illegible]. Causa est [illegible] custodiendo sanitatem. Sic videmus corpora labo-
rantium [illegible] sana dieta [illegible] negligentium. Unde G.
in libro dietarum [illegible] cibum [illegible] non est eis dieta [illegible] observanda
[illegible] exercitantur [illegible] debent dietam et ordinem ob-
servare. [illegible] medicamine vel farmacie [illegible] ille
de regimento sanitatis. Primum exercitium superfluos humores dissolvere et [illegible]
purgare. Meliora [illegible] dieta et farmacie [illegible]
[illegible] humores extenuat carnem minuit. Exercitia superfluos
humores dissolvunt absque membrorum nocumento [illegible] exercitia
[illegible] membra confortant et adiuvant ad digerendum [illegible]
digestionem [illegible] et motus et exercitia minuunt hu-
[illegible] complexionem [illegible] tempus exercitii [illegible]
[illegible] venit [illegible] digestum [illegible] appetere incipiat [illegible]
[illegible] digestum esse. Signa [illegible] digestionis
[illegible] debet uti exercitio [illegible] cibum dum
fuerit digestum [illegible] non exercitentur. Tempus est refectionis [illegible]
[illegible] exercitia [illegible] corporum de cibo [illegible]
[illegible] ut vesica et intestina alleviantur [illegible]
[illegible] mollia et lenia [illegible]
[illegible] complexionibus [illegible] non oportet [illegible]
[illegible] superfluitates [illegible] expellantur. Calor [illegible] confortetur [illegible]
[illegible] exercitia [illegible] magis [illegible]
[illegible] exercitia [illegible]
cibum quod [illegible] necessitati [illegible] tempus [illegible]
[illegible] digestum de [illegible] descendat [illegible]
[illegible] digestum [illegible] exercitia superfluos humores dissolvunt [illegible]
[illegible] appetitum [illegible]
restaurentur [illegible] cibum appetitum [illegible]
[illegible] mesaraicis [illegible] intestinis
[illegible] cibum [illegible]
[illegible] complexionem [illegible]
[illegible] non [illegible] exercitentur [illegible]

albani

ypo·mastor. Que est indigencia: nō oportet laborare. cuius est fame
uel siti uel neutrum: nō exercicia. quia tunc a plurimis desiccantur. Tamen
lur exercicia desidat corporibus uel qui sedet sicut hūores nō sūt operacionis ī
modica sicut est forcia exercicia forcioribus conveniunt quibus grossi humores sūt
acumulati. Debilibus tenues humores habentibus debilia et pauca conveniunt
sed dimittenda sunt. fatigacionem ... i. ... anhelat et sudat
sicut ypo ... mastor. [illegible] ... remedium est ... que
exercicium ... instrumentum spiritus ... attrahendi et emittendi spiritum ... te
... exercicio ... spiritus ... ad ... et ad plano
... et ... canales ... pori ... dilatati
est. ... exercicium ... debile ... forte ... est. sicut sunt ...
... disputabilium de ... regimento sanorum. ... debilia ... hu
... ne ... eius ... Que ... pustulas.
humores ... queritur ... reguide ... est. ... sunt
... conveniunt ... corrumpitur ... humores
... corrupcione ... Quando deficit calor ... est ... ui
... humorum ... sicut ī alio loco dicemus. ... queritur
dubium ... calorem excitet. ... custodire voluerit
... causam ... large ... ...
... humoribus nō ... exercicia ... dieta ... modica
... aut ... assuescat ... corporis ...

Si aliquis de exerciciis ad labo ... uel silibus **De dol' in exercicijs.**
Si ... uel fatigacione ... an ... sen
ciat ... fatigatus. ... quod ... acutus.
... exercicium ... humorum ... putrefac...
tene carnis. ... laboris ... ut nō ... Sic ... sine
cursu ... levi ... uel ... mol.
... deinde ad balneum tepidum ... dedu
cantur ... balneum ... egredientes ... sui ... et ...
... aut ... consuetudinem ... iam
extensionem ... humores ... lacertos
... dilectionis ... laboris ... ad ...
paucos ... nō mala humores ... sensientes ...
... et ... quod humor ... calidum ...
ī ... corporibus ... humores carnis ... et ...

frequenter. et ungantur oleo moderate tepido. deinde congelatur et coagulatur. deinde
cum aqua tepida. laventur et balneentur. ut fonte moveatur, postea
panno exsiccatur. moderate balneum se calefaciat per frigore. si habent fuer-
unt cibum. digestioni facilibus sicut pulli gallinacei. et hiis que pertinent
quod ad sanitatem sumantur. Et non in una die curentur. frequenter
et alia vice. quousque ad sanitatem veniat. exerceat modice perscruta-
tionem ... lacertos et calefaciat. ... consulere
... laborem ... calor et ab aliquo tacti fu-
erint. ... calidiora. ... vocatur flobotomie. ... la-
bore ... exercitacione. Curentur ...
suam ... manente in fonte ...
postea congelat. lavat ... violat. ... aceto ...
... malagranata. ... in sacco ...
... melones. ... sanguine.
... pullis. pullis gallinaceis. ... Et si ...
... ut difficile moveantur ... calefacit
et balneentur. atque frequenter. ... cibum. ... cum ...
... post ... modice ... oleo moderate
et balneentur. Balneum ... et fiat post ...
... spacio in maneat. frequenter ungantur. ... de
humoribus ... dissolutis ... ut ... mollifi-
catur ... marcescat. ... sed quod ... dicere
... regimento. ... delicatam formam frequenter. ...
corporis. Si ... fuit ... fortitudinem ... alie ...
... Vel ... forcior.
... capita ... fortes. ...
... cum malum ... cibum et balneum evenerit.
... in ore ... caput suo ... Et ...
... capita ... et ...
... polipodium ... papia-
ut ... et ... plante ... pedum
frequenter. Et si ... constipati fuerint. ... radices et
... de absinthio ... et ...
... de ... balneum post ... macile-
... balneent. ...

De balneo.

largiore non post exercitantes. in quibus consuetudo balneandi
fuerit. eo quod [illegible] dissolvit. Absque exercitio vero
circa post balnea mala sunt: dissolvunt virtutem. De exeuntibus quando se balneaverint.

exeuntibus a balneo

Qui balneum egrediuntur. Iulebum mensuram dum accipiant.
Omnis cibi [illegible]. Alios vero sunt secundum complexionem corporis per
cibi efficiantur. [illegible] parte est cibi qualitas. secunda quan-
titas. tercia ordo. quarta tempus. quinta [illegible] deliciis. Unum [illegible] que
[illegible] sit prima. qualitas cibi [illegible] si corporis cibandorum sicut
sunt et frigidi cibos accipiant. cum sit calor. si siccant humidorum
si humida et siccos quod sicut cibaria capiunt. suis complexioni-
bus in convenientia. cum aliis in vincentem sive [illegible] temperatum immute-
tur. Quemadmodum lactucas cum apio damus. pisces cum melle. vel [illegible]
[illegible] vel similibus. pisces [illegible] comedendi sunt cum sinapi vel pipere. carnem
vel similibus. Subam cibi. Sic agnoscimus quod similiter [illegible] vaccina.
[illegible] panis acrimonia. convenientia cum multum calore in [illegible] similiter
[illegible] [illegible]. Est etiam quod multum cum cibis exercitantur. [illegible]
[illegible] longe [illegible]. [illegible] in [illegible] digerit. [illegible]
[illegible] conforetur. [illegible] quod modicum [illegible] in [illegible]
[illegible] calore. [illegible] modice exercitantibus [illegible]
[illegible] cibus inconveniens est. quod non bene [illegible] digerit. [illegible] generat
chimos [illegible] opilacionem. [illegible] cibus [illegible] pulli gallina
[illegible] [illegible] spinachia. [illegible] lactuca. [illegible]
[illegible] non exercitantibus [illegible] calor [illegible] in [illegible] defectus est [illegible]
[illegible] [illegible] laborantibus [illegible] calor [illegible] fortem [illegible]
[illegible] cibus inconveniens est. [illegible] est digerit. [illegible] in [illegible] [illegible]
[illegible] hoc [illegible] carnem vaccinam [illegible] [illegible] [illegible]
[illegible] calor [illegible] [illegible] qualitas. [illegible] cibus [illegible]
calor [illegible]. Qualem [illegible] cito [illegible]. [illegible]
[illegible] magno igni [illegible] [illegible] apponatur ligna
cito [illegible] ignis extinguitur. [illegible] qualitas [illegible] calor
[illegible] confortatur. [illegible] cibum appe-
[illegible] mediocrem. [illegible] exercitantes [illegible]
[illegible] accipiat. [illegible] temporibus [illegible]. [illegible] dieta convenit
[illegible]. Quantitas cibi [illegible] [illegible] non malum generat sangui-
nem. [illegible] de malis non replet [illegible] [illegible] malus [illegible]
[illegible] si malus [illegible] pessimam generat [illegible] acutas
[illegible] ad [illegible] fluentibus [illegible] [illegible] herisipile. [illegible]

furfures y lilia · cequantur · si si gustus arthriticos facit dolorem podagram
ut fuerit passionem · hanelitum splenis · hepatis duriciem et oppilationem · magis
si gelida fuerit · fiat sic melius · mala melia grecana · citoniorum · sorba
bien nigra in pectusta. ~~~~~~~~ si uiscosi mores ulceres et ex ulcera
tibus crimices fiunt · pessimas creant pustulas · et febres erra
ticas. Oportet quod cibi plenitudinem caueat · et non est uiciis ex cretionibus exerci
cium · et quibus cutis est rara. Alius non minime · quod si hii non caueant ·
uomant cum aqua calida · aut oxi · uel certum si non tarde · ut ea plenitu
dine lauantur · dum calicem unum plenum de dorisi · et purum bibat
et toto illo die non manducet. Si autem uomere nequiuerit propter bilem
aut pectoris aut palati · dolorem diu dormiat · surgens ad
exercitium agat · postea parum comedat. Qui si soluere uentrem uoluerit · sic
habet exeat cruditas · et cruda digestione parum exercentur · nullum modum
et utile accidit · sicut panem fermentatum · et piscibus et adoriso uino et insula
iure stante · Galline · sopno · et crecie ycanne · quod passinem ha
cere · si salude cutis fuerit · fricent · et tepido oleo · ungantur · bal
neentur · in solio diu moreantur · uitata die · si senciunt in stomacho cibum
non esse digestum et non comedat · quousque senciat stomachum esse cibum tamen ·
quod prius sumptum tactu perpendet · apparet quod uacuus · et reuelat ex
suauem digestionem · et urina colorem incipit · huius nodum apparentibus · si
et balnea iubent. Ordo diete siccis. Cibaria est oportet dari in tumoribus
quando alia in ulceribus · sicut cibaria digestu facilia · post quod duriora et solubilia
quedam stiptica · ut salubritatem uentris seruet. Quomodo enim alius exeant ·
et melones · pira et coloquintida · ficus cura. Vnde et uita quilia · cum car
nes et panes · et laganum · et oblomogamo eleatum · post quod pura
uinum · et coctana · dura est cum facilia liberatur · leuia digeruntur ·
et non inuenientia mas sed exiguitatem propter dura foramina obturancia
uentriculi et alia triuisti · contrahuntur · sunt autem salubria dum stip
ticis et alia in uentriculi · cruditates · corrupta alia faciunt cor
pora ut non uenientia corrumpuntur · et corrupta alia faciunt cor
rumpi. Vnde constipatur uenter. Aliis quod stiptice · ad digerendum decet
dum fertile et facile · sicut porci caro · cum uolatilia · et uacema
cum porcina · et peccorina · quod inferiora stomacho sunt calidiora ieiuniis ·
maiorem quod faciunt digestionem · quo quidem cauendum est. Que generant ad
giuntur. Qui sit ubi ea ancilla domini · quoniam ista erunt indigestam
propter frigidum humorem et cum illo · et cetera unica · Oportet cibandi · sicut post stomachi
fatigationem · et calor tantum fortis sicut et exercitus et balneum ·
precedentibus · uires colorata exhibent · et inappetitum et famem

ora ciborum. ro calor naturalis e[st] ... ulla ... liem neglecto:
[illegible] appetitus deficere ... [illegible]
[illegible] ad [illegible] Q[uod] [illegible] de
[illegible] hore [illegible]
[illegible] dari [illegible] calor [illegible]
[illegible] aere [illegible]
[illegible] nobis digestio calor [illegible]
[illegible] in estate. [illegible] debent cibum
dare in estate [illegible] qua aer [illegible]
[illegible] manducare [illegible] hora [illegible]
[illegible] manducare [illegible] hora [illegible] dari
e[st] cibum desideratum [illegible] appetitus e[st] cibi magis [illegible]
ad digestionem [illegible] sed [illegible]
[illegible] cibos [illegible]
[illegible] debent illa dare [illegible] appetitus [illegible]
[illegible]
[illegible] digestionem [illegible]
[illegible] Q[uod] [illegible] dare [illegible]
[illegible] augmentatur [illegible]
[illegible] dolor capitis [illegible] negandus est cibus [illegible]
[illegible] lac [illegible] Q[uod] de
[illegible] cibi [illegible]
[illegible]
[illegible] ad [illegible] descendit [illegible]
[illegible] cibi [illegible] Q[uod] [illegible]
[illegible] Q[uod] [illegible]
[illegible]
[illegible] Q[uod] [illegible]
[illegible] cibos dare [illegible]
[illegible] negare [illegible]
[illegible] cibum [illegible]
[illegible] Q[uod] [illegible]
[illegible]
[illegible] cibos [illegible] Q[uod] [illegible]
[illegible]
[illegible] De potibus [illegible]

Q[illegible] cibi [illegible]

[illegible]

De aq.

ante est ut ordo precedat. Deportatio. i. ambulatio in capiendo cibo. Oportet quod eligat lo-
ca aque sicut in alio loco diximus. quod caveat ne [illegible] post [illegible]
[illegible] ille qui comedit bibat. [illegible] cibus [illegible] [illegible]
permanet. cum ex digestione non permittat. [illegible] ut cibus [illegible]
ut calefiat et digeratur. quod si tanta fuerit necessitas [illegible] bibat.
quod sitim non extinguat. cibo [illegible] [illegible] pluribus aque bibe-
re [illegible] [illegible]. Jeiunium [illegible] in nocte [illegible] ca-
lore [illegible] calidissimum [illegible] expellit. sic extinguit.
[illegible] [illegible] fuit [illegible] [illegible]
[illegible] [illegible] fluxu
sanguinis [illegible] [illegible] dolore [illegible]
[illegible] non apparent in senectute [illegible] alia [illegible]
[illegible] [illegible] [illegible]
[illegible] melius est. De vino.
[illegible] [illegible] ad custodiendum
[illegible] sudore [illegible] expellit. [illegible]
[illegible] labore [illegible] humiditates [illegible] appetitum [illegible]
[illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] accipiat [illegible]
[illegible] [illegible] necessarium est [illegible] [illegible]
[illegible] calidissima [illegible] [illegible] dolorem [illegible]
[illegible] [illegible] necessitate [illegible] [illegible]
[illegible] eligat [illegible] [illegible]
[illegible] necessitas [illegible] bibendi [illegible]
[illegible] [illegible]
[illegible] melius [illegible] [illegible]
[illegible] [illegible] dolor capitis [illegible]
[illegible] [illegible] ad caput [illegible]
[illegible] [illegible] [illegible]
[illegible] [illegible] [illegible]
[illegible] [illegible] [illegible]
[illegible] [illegible] [illegible]
[illegible] [illegible] [illegible]
replet. [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible]
[illegible] [illegible] [illegible]

[illegible] accipiat [illegible] [illegible] [illegible] [illegible]

[illegible] qui bene [illegible]

Nota remedium de ebrietate

membris. postea assuescat nutrimentum. et isto medicatione. Quod si ca-
put nisi unum bibe. retardius debarum. paruum inducet. in-
tantum cum [illegible]. et caulibus qui caules habent. et ebrietati repug-
nant. habent enim desiccare. Item Galienus. amigdale amare ante
uinum comeste ebrietati repugnant. Item [illegible] dicit succi fundum
menthe alleas minas preparantis. et acceti. et sape. et [illegible]
ministra. et paulatim bibita ebrietati repugnat. Item. Item
caulium. [illegible] sepe [illegible]. quod nos scire. quod ebrietate cere-
brum [illegible]. propter fumum uini ad caput salientem. et de calidis hu-
moribus replentem. quod cerebri calor est debiti. forte est cerebrum illi fumo
repugnare. Item et ab isto [illegible]. Galienus cerebri fortitudinem uel de-
bilitate fit ebrietas. Qui curare uolentes studeant prius
debilitate. Deinde [illegible] si leuia [illegible] paruum de ambulent.
postea balneentur. in cibo [illegible] ducendum. et bibere. et dor-
miant. quod si fortis fuit. et angustiosa cum nimio capitis dolore. et
post medicationem. fricentur plante pedum. et crura suauiter fri-
centur. et sompnum prouocent. ut uinum si plurimum ducatur. et diger-
gatur. Expergeti a sompno si solutionem et ab angustia liberati
leuiter exercentur. post temperatis balneis temperentur. balneum et fortiter
desudent. Quod si dolor capitis longiorem teneat fiunt in ungendum cum oleo ro-
saceo [illegible] aqua frigida tundantur. Deinde exsiccanti miscens aceti [illegible] oui
[illegible]. postea mox [illegible] dua mollia sorbeant. Et cauli
[illegible] et caulibus cocte. pullos gallinarum et [illegible] inducentur. et
nouissime comedant coctana. et silia. Contra ebrietatem fiunt in [illegible]
[illegible] loco. In lyemis tempore. sandalos et camphora odorent.
Alia deinde cum hoc fiunt. Item [illegible]. [illegible] oui. [illegible]
[illegible] aque. [illegible] ad unam redeunt. Deinde colentur. et addatur
[illegible] succi malorum granatorum acetosorum et aceti pomi citrini.
[illegible] fiat [illegible]. Item [illegible] boli [illegible] boraginis [illegible]
[illegible] seminis caulium [illegible] [illegible] cuscute. [illegible] [illegible]
phore. [illegible] succo mali granati acetosi. da [illegible] cum aqua frigida.
[illegible] de absinthio [illegible]. Item si capitis dolor permanserit ut [illegible]
dissoluatur. fomentetur caput cum aqua in qua fuit cocta camomilla
et anetum. naribus et capiti [illegible] anetilon applicentur. Quando
[illegible] fuit dissolutus. deinde potare modicum uinum. [illegible]. [illegible]
[illegible] camomillo anetilon prouocet. et similibus; Regimen pro sompno.

S[illegible] est si post cibum temperatus fit. In sompnis magnum iuuamentum
digestionis cibi [illegible]. Ad similiter fiunt [illegible] et [illegible]

[illegible] de ebrietate contra [illegible]

Nota de capite ebriorum

necessarium corpori est mitigatio. et sedat abundantiam/multitudinem et quod est illi contrarium. et corpus
ita erit. mitigat et paucat. Quia quando cibo fuerit multum repletum. non dominatur
ad cibum a loco egrediente. ne calorem non sufficeret. cibus levis quando
corpus sit plenum. Vigilia vero non est aliqua virtus in regimine. Ita est
calefaciens. et desiccans. et digestionem virtuti repugnat.

non mitigat agere convenit. nisi ab eis qui subiciat res de calido
... et ... humores. cavant et desiccant. complexiones
humores nec quia propter calorem et potest agere illa. nec quia famelicis. nec per
laborem nec per balneum nec per aliam tamen causam. et corpus calefit et
digeratur. ex accidenti. Quia et in cibis quibus modicat. nec mitigat.
fiat tantum sopno. ne in epidimia fiat vel ... . Cito
in ... et agitur per digestionem ... ... corpus.
... et dormiat post cibum. hic tempus convenit. Ad filios
[illegible] mulieribus ... et dormientibus spermatis
in matrice coadunatur. Quod si post cibum fiant. non potuerint ut
fiat post cibum plenum melius est quod post cibum tamen cito. melius quia
corpus calefit. vel huic fuit. quod est digeratur et desiccat. et ...
aer assuefacientibus. calor et humiditatis innuit cor
ramificat. Sed quod balneum atque ... ut calor ...
... alienum ... cinamomo ... ...
odoriferis ... ... fumigentur ex ligno aloes et
... olfaciat mulier. ... **Quod exercitia non debet esse assueta.**

Oportet quod quidam anime exercitia non esse assueta. et [illegible]
... cogitatione ... complexiones mutare et ca-
lorem ... defectivis. ... ... accidentia
pessima ... ...
... ab hinc accidentibus ... ... leticia et gaudium. hic est
animam ... ... ad ... corporum
adducit. sed ... de accidentibus ... ... de ...
non ... disputabimus. **Dieta eorum quod superfluitas humorum hinc in corpore.**

Quedam humorum superfluitas in corporibus de potu et cibo coadu-
nantur. ... nec ... ... superfluitas ex-
pellende. ... ... non ... medice ... ...
... remanere. ... excludatur. ... ...
... dietam ... ... custodiunt. Cibo ... digesto
ad intestinum mandato ... ... et in ... digeratur ...
... ... superfluitas ... ...

carni ... de corpore (margin)

Nota tempus ... ... (margin)

quod ei non est necessarium. ab ea expulsio per medicinam. sic est [illegible]. et sic [illegible]
[illegible] quod illa [illegible] remaneat et [illegible]
[illegible] que ei necessarium. quod ex [illegible] est
conveniens [illegible] [illegible]. Convenit [illegible] ex
[illegible] dissolui. Sic [illegible] dissoluentibus [illegible]
[illegible] [illegible]. Quando [illegible] defluunt [illegible]
[illegible] sed [illegible]. Et [illegible] expulsi [illegible]
[illegible] [illegible] [illegible] [illegible] commotione
[illegible] [illegible] sed [illegible]
[illegible] [illegible] necesse est [illegible] et ad [illegible]
[illegible] [illegible] alius membris [illegible]
[illegible] sic in pectore, renibus, vesica. [illegible] subveniendum est [illegible]
[illegible] [illegible] [illegible] et ad [illegible] [illegible]
[illegible] [illegible] de [illegible] necesse est [illegible]
[illegible] [illegible] danda sunt [illegible] sic [illegible]
[illegible] lupini [illegible] [illegible]. [illegible]
[illegible] [illegible] danda sunt [illegible] carnium [illegible]. [illegible] de [illegible]
[illegible] dieta [illegible] ad [illegible] [illegible]. [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] sic [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] in [illegible] [illegible] [illegible] [illegible]
[illegible] accipiat. [illegible] [illegible] [illegible]
[illegible] [illegible] de succo [illegible] [illegible]. [illegible]
[illegible] [illegible] de calore [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] vide [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] retained vrine.

Fiat tractatus et eius potest valere nisi sint [illegible] clauduntur. Et
si [illegible] hui [illegible] dicta similiter [illegible].
dum [illegible] pullinam carnis [illegible]
forti [illegible] balaustia [illegible] acetosa sit [illegible] camo
milla [illegible] [illegible] hui figuram [illegible] ad gratiam [illegible]
[illegible] [illegible] [illegible] proueniunt [illegible]
[illegible] semina apii. [illegible] absinthii
accipiatur. [illegible] ex [illegible] [illegible]
[illegible] fiat [illegible] vel filia [illegible] palpebra [illegible] crura [illegible]
[illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] gulam mundificant. [illegible]
[illegible] sit hui [illegible] habundancia [illegible] proueniunt [illegible]
[illegible] fumum aque bullientis. [illegible] camomilla [illegible]
vel filia. [illegible] mundificat [illegible] morbos destruit.
[illegible] apoplexiam [illegible] vel filia. [illegible] augmentantur [illegible]
[illegible] [illegible] [illegible]
angustiam [illegible] in ore [illegible] necesse
est [illegible] pena [illegible]
[illegible] accipiatur. [illegible] [illegible] apo — [illegible]
[illegible] [illegible] capilli [illegible] vel filia [illegible]
[illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible]
[illegible] in fonte aque calide. [illegible] camomilla. apium [illegible]
vel filia [illegible] debent [illegible] collecta [illegible]
[illegible] corpore fuerit habundancia [illegible] aqua [illegible]
[illegible] [illegible] [illegible] [illegible] sit a
[illegible] [illegible] cum [illegible] scapulis [illegible]
augmentatur [illegible] gutta [illegible] vel filia. [illegible] — [illegible] vel filia
[illegible] pollypodium [illegible] [illegible]
vel filia [illegible] melle [illegible] ebdomadam [illegible] — [illegible]
[illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] — [illegible]
mundificant [illegible] [illegible] [illegible]
resoluit [illegible] appetitum [illegible]
[illegible] [illegible] [illegible] repugnat.
[illegible] apii [illegible] absinthii [illegible]

masticis. spice nardi. cinnamomi. ana ʒ ii. aloes ʒ iii. fiat pul
uis. et deinde conficiatur cum succo [illegible] pomorum citrinorum. coliandri
et oriz. mellis et [illegible] ʒ v. epithimi. [illegible] cum succo [illegible]
[illegible] catarticam humidis. suspicionem emoroidarum adde
bdellii ʒ ii. [illegible] potius plenitudinem in toto corpore habentes. uomitu
utuntur. [illegible] ualere. multum enim inuenies uentris [illegible]
[illegible] humidis [illegible] [illegible] [illegible] et [illegible]
tes. In his enim passionibus quibus catartica uomitu uti melius est. Sed
passionibus capitis [illegible] ac colicis. conuenientia
est uomitum. uomitus est tamen si in initio augmentatur. Sed in mega
[illegible] uomitu sedare sanguinem fluentem de uenis. Ar
[illegible]. emoroydas. renibus uesica. uulua. quod duobus exigit
motus. unde [illegible] humorum alio [illegible]
ad locum oppositum. Adhuc uidetur usitare [illegible]
in [illegible] ad inferiora [illegible] [illegible]
ad superiora [illegible] [illegible] meliorem esse [illegible]
eo. ad sanitatem custodiendam. [illegible] uiscosi [illegible]
24 et coadunatur. [illegible] humorum [illegible] coadunatur [illegible]
[illegible] uomitu indigent. Sed [illegible] humidis [illegible]
[illegible] bonum et [illegible] [illegible] Utatur [illegible]
ad uomitum prouocandum. [illegible] dissoluit [illegible]
Sed [illegible] humores [illegible] [illegible] post [illegible]
balnea uomitum accipiat. ut humores [illegible] inueniet [illegible]
[illegible] prouocet. et radix [illegible] cum mellicrato. [illegible]
eo [illegible]. [illegible] uomitum non prouocet [illegible]
[illegible] [illegible] apoximare radix [illegible]
[illegible]. Radix [illegible] ordeacium [illegible]
[illegible] uomitum [illegible]
indigent. [illegible] lauet. deinde bibat [illegible]
aloes. et [illegible] aromatizate. Sed macilenti [illegible]
[illegible] humidi [illegible] uomitu [illegible]. Sed [illegible]
[illegible] uomitum accipiant. [illegible]
[illegible] deinde [illegible] [illegible] percutere.
[illegible] mala expellant [illegible]. [illegible]
[illegible] [illegible] uomitum accipiat. deinde [illegible]
malorum [illegible]. Aliis [illegible] dulcorum humorum [illegible]
[illegible] uomitum [illegible] deinde [illegible]
[illegible]. [illegible] mordeant alii [illegible]. Alii quod uomitum [illegible]

[illegible] uomitus
uomitus sedat fluxum [illegible]
[illegible] uomitus
[illegible]
[illegible] uomitus [illegible] collos

uocatur et una bibat dauca. que sit acita et uetera. et dulcia et accetacia. que bibat et ex lacta uno hora cum mellicrato et multo. sepe potentur. Dum mox uomatur. exercicium descendencia manum proiecerit uentrem et secundum cibum deponet. Et illico si prouocauit digitum intrat per pennam in os. si uomat. Dum facies et os lauetur cum aceto et modico aceti. continua postea sirupum ... acetosum. Nec multum duret. Sed in hora consueta tandem aliquibus paucos et similes comedat. ut pullos gallinaceos perdices et similia | Non est accipi uomitus sicut audiui. in mense. ... in estate ... et ut cor mundet. sine ... simul duobus diebus ... debet et ut in sedes. exeat. quod in se remansit. Queritur in ipso a remoueri ... ad stomachum ... paulatim. Cum neque fieri ... per uomitum egredi. quia ex toto se illic coadunat. In ... dicit quod ... in os colleri ... ut per uomitum ... excludimus. hac est ... ut oportet modificaliter. ... uno ... fiat uomitus. Et ... in uno ... fiat ... in alio ... postea qui si ... fiat ... qui ... non ... dari. ... in ... temporibus ... et autumpno. In his ... temporibus ... corpore ... sustinet. ut dictum sumus. et de ... egritudinum ... disputabimus. ... uomitum non oportet dari macilentis. qui ... apparent. ... in pectore paciuntur. faucibus autem ... in ... consuetis ... agustiosis. et ... ad uomendum. est enim ... acutum in corpore ... cognoscuntur. ex dolore ... et ardore ... quibus dandum est ... quibus non oportet ... mirabolanos. et eis mulcaui. De custodia sanitatis secundum egritudinem

Pro post magnum ingenium ad custodiendam sanitatem. consuetudine magna est pars medicine. et custodia sanitatis. ... infirmitatis ... consuetudine. ... consuetudo ... sit ... Ypo. consuetudo ... est ... sit ... in multis rebus ... in aeris percussione. balneum. exercicium. cibus et potus ... et in calore ... ut ... quamuis ... hora ... assueuerit ... difficillime mutatur. | ... percussione ... calidissimum aere de ablancees ... in ... regione ... nocumentum. | ... aere ... in ... regione ... sustinebunt ...

inuti sustinentes. aliqñ mbr̃ morbũ incidũt | sic aũt in mar̃ ripi
in calãtes. et in mũdantes plage. Sic qdam artificiari assuescerent igñ in
sic ferarij. fabri. pistinarij. qr̃ calor nõ ledit eos. s. facili alii
tos qr̃ fcos patiũt̃ nibus. Sic et nauite frĩo aere assuefacie
tes. sic q hitant i septẽtrionali plaga. frĩc q locis. artificia. et q̃ e
st frĩa. sic piscari. pannos candidare. et inungare. hic cũ nulla
lesione iferre sit tal̃. plus q frĩs q̃ cal̃. patiunt̃ nibus. Apli st
qdã sicca semẽtes locis. sic per sic. ihotu. et desertis. eoz q̃ cu
tinuũ fode et uenare neqꝫ caleduidur. sic pocol sic sustinet
iẽmutates. qr̃ hũ dicũ Sz aliis diuisa egressa merẽdim. Sic qdã for
tiza operantes exercici. et motione multã q ex eis lesione aut fa
tigatione. hic Qui lz aũ nõ ueniret deblitamẽ. et simulant
pp̃ copiã hũoz. ita cũ cõdimatã. et p̃ sudore exire. nõ ua
lent. Sic et alij. exerc. et sumitate sp̃ hiñt. q̃d ad exercitiũ
operati st. et sic tñ i ossi sic dl̃. cũ iẽmutare icurrũt. Sic et dñ nõ ex
ercicia st e qdã e pedibz opata. sic potores. Sic et alii. q e
manibz opata st. sic texere. signare. et silia. Sz e exerciciũ
st diuisa. q̃dã e fortiora ut fabri. et ferrarioz. Sic et qdã de
bilia. sic officiũ pictoꝝ. et sutoꝝ. et scriptoꝝ. et sumilia. Si ad hue
tñ artificiũ mutat̃ fuit. nec qd i prim. et tñ iẽmutat̃. Ex
poct i aliis. assueti alii frĩc. la. facili ferunt. et assueti.
iust enim eoz assuefca labore in dĩm. ac cõgrolatur. Eas
nũ itllndũ e de balneo. Sic cũ qd q si ipsissim e balneant
q si balneũ caleant iẽmutant. qr̃ hũoz uidet dissoluũ. et nõ
dissolu. Sz uideri eos q sibi erraueriũt i eodẽ balneo. et aqs
q ualent se balneare. qr̃ nũ nõ dat coctiõi [illegible] opprimere.
i ustl. Sic et alij nõ assuescentes balneũ acc. q si balneari fuit
angustiã et desectione. patiunt. qm̃ tũc op̃ et [illegible] faciẽ eoz
e aq fria. e balneũ reddimaũ. et repat̃ i sunt i uno. et alij p̃t ab
balneo exeuntes q si aũ cibũ balneant̃. deficient. plini cita eis
e q' laxiores poros hñt. pp̃ nimiũ cal̃ dissolonẽ ex balnei calore.
ferunt. Opz e medic iube uenire ab aliqꝫ balneo. et ingrediũt
post cibu cõsuetudo diuisa e in assuetiie. qñ tũc uno. et reppe. et qlz
sit. qbidã e cõsuetudo. cõ. dige cibaria. et ab eis lediũt̃. sz si
fuit ipsis. et iẽmutat. Sic et alij sp̃ frĩc unitas et cibu. et uende delecta
tũ et q sibi cõia dõ uiunt. alias lesione. incurrũt. | Ideo q si pp̃ iste

[illegible] cibos inflammant [illegible] ad [illegible] [illegible] et in alii [illegible]
cib[illegible] [illegible] digestioni [illegible]. sic [illegible] caro vaccina
et sicca. sic capra. [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] fame
sustinere [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] dare [illegible] [illegible] [illegible] [illegible] fame [illegible].
[illegible] [illegible] [illegible] dicta [illegible] sic pulli [illegible] et la
[illegible] et [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] alii [illegible]
[illegible] [illegible] [illegible] sic [illegible] [illegible] [illegible] sic [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] digestio [illegible] de
[illegible] [illegible] [illegible] [illegible] [illegible] malum [illegible] [illegible] [illegible]
[illegible] et [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] fact[illegible] nutrir[illegible] ad [illegible] [illegible] ad [illegible]
[illegible] [illegible] ad [illegible] [illegible] ad [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] sic [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] sic [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] sic fungi [illegible] et
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] ad [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] sic [illegible] [illegible]
[illegible] camelina [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] elephantina [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] ad meliora [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] ad [illegible] [illegible]
[illegible] [illegible] cib[illegible] et paucos [illegible] [illegible] et [illegible] [illegible] [illegible]
[illegible] [illegible] bonum [illegible] cibos. [illegible] [illegible] [illegible]

farmacia · et dulcis cibus pinguibus cum [illegible] est sic a [illegible] sal
vatur ut sic custodiatur · quia cum [illegible] quia hanc dietam ipse saporosa
desiderat · et calor sit exiguus propter paucitatem [illegible] corpus quod delicate
[illegible] [illegible] nec sunt securi ut corpus reddat · propterea [illegible]
[illegible] corpus · [illegible] ex subtilitate diete deficient necesse est [illegible] mem
bra repugnare · Secundum ypo · taliter · In tenuibus dietis peccat
eger · propter quod magis leduntur · et sunt sic fallaces [illegible] · Sed [illegible] ypo
quod tenuis dieta [illegible] corpus · [illegible] sit caloris minuit · propterea
oportet [illegible] dieta dietare · [illegible] et [illegible] · habet · et [illegible]
[illegible] · et quod [illegible] [illegible] · et [illegible] · [illegible]
[illegible] · quod [illegible] diete [illegible] · quoddam est quod alli
citi multum [illegible] comedere quod si parum comederent deficiunt · Quoddam
alii parum comederent · quod assueti multum comederent · quod non [illegible]
manducent · [illegible] magnam est defectionem [illegible]

De tempore dietandi

Tempus diete multiplex est · Quoddam est quod solum mane comedunt alii
meridie · et multi sero · quidam vespere · [illegible] mutant suam consue
tudinem · [illegible] ut prius [illegible] comedat · [illegible] · quoddam est quod prima
ducere [illegible] · [illegible] · et tot corpus · [illegible] · vespere · [illegible]
sua fuerit · consuetudo · [illegible] [illegible] · angustiam · [illegible]
[illegible] · et [illegible] · [illegible] · propter [illegible]
[illegible] · [illegible] defectionem [illegible] · [illegible] · [illegible]
[illegible] · [illegible] · [illegible] · propter [illegible] de
fectionem · [illegible] · et [illegible] · et [illegible] in [illegible]
[illegible] · propter [illegible] defectionem · et [illegible] · [illegible] tarda
[illegible] ad eam [illegible] ypo · [illegible] diete [illegible] · [illegible]
[illegible] · [illegible] · [illegible] plana · et [illegible] · [illegible]
nec fuit [illegible] · [illegible] · et angustiam [illegible] · et [illegible]
hanc comedendi [illegible] · quoddam enim [illegible] in die comedunt · et
semel parum [illegible] · [illegible] alii [illegible] comederent · [illegible] ma
ducare non sufferunt · Quoddam alii semel · [illegible] [illegible] madu
cantur in die · [illegible] investigare est in hoc uno [illegible]
[illegible] · nam [illegible] solent [illegible] manducare · Quoddam ad
semel redierint [illegible] ad eundem [illegible] · [illegible] · [illegible]
[illegible] · [illegible] · [illegible] · [illegible] · [illegible]
ad [illegible] · [illegible] · [illegible] · [illegible] non [illegible]
[illegible] · cibum · [illegible] corpus [illegible] · propter [illegible] quod ad cor

abstinere. ut est albumen ovi et pullus et hedus. et similia. sic non agnus vel aca
gnis. vel gallina. alia quoque tenera et carnia mollia. modice vinum [illegible]
potetur. ut sto[machum] confortet. In alia autem die. que cena est assueti sunt.
parum prandeant. quia autem in die solet [illegible]. [illegible] comedere. sic [illegible] comme
dant dormire. ut calor [illegible] coadunatus fortius digerat. cibus vero mu
tet et suavius absolvent. modice vinum [illegible] comme[dere] bibat. In
alia die minus quam solet [illegible]. laudabile est. et in nocte
in alia die. semel comedant. ut stomachus per bonam commixtionem sic levius
et fortius ad digerendum cibum. in mane. et alium ille [illegible]. Et
quia id oportet [illegible]. bonum est si multe comedant. post cibum vero [illegible]
[illegible] hec dicimus. et de excitatione post cibum fit despiratium. melius
est cena quam prandium. quia post cenam [illegible] et dormiunt. calor quoque
[illegible] coadunatur. et cibus digeritur. Cena tamen [illegible] levi [illegible].
est [illegible] cibi debilibus [illegible] capi. si [illegible] patientes. [illegible] solent
se cenare. cum sol occasum comedant. **De consuetudine potus**

Consuetudines potus intelligere debemus. quod alii tantum assueti sunt bibere
aquam. et earum potum ledit. quia si acetum febrem [illegible] non sicut ab aqua
sua prohibendi. quorum febris est eorum consuetudo. et similiter haberent [illegible].
Sunt et alii non [illegible] [illegible] calidam assueti quibus [illegible] aqua et
nunc nocent. [illegible] et [illegible] vel defectat. quia [illegible] patia
[illegible] febris. nisi eis [illegible] aqua [illegible] et [illegible] eorum [illegible]
quasi si fuerit eis consuetudo. Sunt et alii aquam bibentes. plumale
alii alia. sicut sulphurea. et aluminosa. et [illegible]. Que autem [illegible] adiuve
[illegible]. [illegible] ledunt. quia complexio eorum mutatur. propter [illegible]
da ad [illegible] [illegible]. Unde est a re[gione] [illegible] nati sunt mutentur
ad aliam [illegible] de solita dieta. unum scientes est aqua. in consueta
[illegible] colata potent per ad consueta. et alii sunt puro vino
[illegible]. alii vinum de [illegible] [illegible]. alii non purum et
mixtum [illegible] lesione patiuntur. et in sueta bibunt. Sunt et alii ne
[illegible] se animo abstinere debemus. ut [illegible] diebus. Sunt et alii sicut
vinum bibentes quia si [illegible] bibunt magnum dolorem patiuntur et
capitis et ebrietatem alia quoque passione. Sequitur illa docere [illegible]
[illegible] sua consuetudine. quia si volunt eam dimittere. pau
latim fiat. [illegible] in consueta fiat consueta. **De diuturnitate sompni**

Sompni diuturnitas [illegible]. Sunt et quidam nimium amantes dormire
[illegible] pati [illegible]. quia si [illegible] eorum [illegible] [illegible]

sopor. id est [illegible] aliquid [illegible]

et [illegible] [illegible]

[illegible]

mel' deficerent. fructus vel corrupti [illegible] debilitant. alii vero
[illegible] et inflat. [illegible] generant. Quare et alii [illegible]
[illegible]
[illegible]
[illegible] mala [illegible] De coitu.

Quoniam [illegible]
colerici [illegible]
[illegible]
[illegible]
[illegible]
[illegible] De consuetudine pergandi et fleobotomia.

Consuetudo [illegible] Quare [illegible]
[illegible]
[illegible]
[illegible] pro dubio sed posse. Quia quibusdam tangi de naribus solet vel de emo-
roidis fluere necessitas expetit ut sanguis minuatur. Quare et alii
in anno quater sanguinem minueret. alii vero [illegible]
necessitate. flemmata fiunt. cito debilitant. [illegible]
necesse est eis sanguinem minui. sed modice [illegible] flemma [illegible]
[illegible] corrumpere [illegible] generat morbum. [illegible] De
fectione. paralisim. epilensiam. [illegible]
porro non oportet adeo flemma negligi ut flemma fiat [illegible]
[illegible] pessimas generat febres. [illegible] sic sinocham pleuresim
[illegible] flemmoniam [illegible] iuvenibus [illegible]
[illegible] non negligi [illegible]
[illegible] consuetudo [illegible]
emoroidas fluendi [illegible] se malas infirmitates generat.
[illegible] de farmacia. Quare quidam sepe [illegible]
neglexerint [illegible] farmaciam solitam [illegible]
[illegible] morbos [illegible]
[illegible] Quare quidam [illegible] assuescerent farmaciam. [illegible]
ad aliam [illegible] neque enim [illegible]
[illegible] devenerit. de plenitudine [illegible] sine dubio solitam
[illegible] farmaciam. [illegible] assuetam
[illegible] farmacie [illegible]
[illegible] farmaciam. [illegible]

sufficiet. sed paulatim mitius [illegible] volentes quod custodire
sanitatem. non sepe bibere farmaciam. propter [illegible] et sicca. Similiter
ventres ypocondria. sicut ypocras in afforismis. Et [illegible] ypocondria farma
cie est molesta. Rara [illegible] ventres [illegible] farmacie [illegible] in [illegible] tum
temporibus assuetis [illegible]
[illegible] denominatur
assuetudinem [illegible]
[illegible] ex vena aliqua [illegible]
[illegible] morbi [illegible] et aliis [illegible] assuetudinem [illegible] eum facere
[illegible] tamen non [illegible] inveniat [illegible]
[illegible] Quod est assuetudo semel [illegible]
[illegible] alia [illegible] apparuit [illegible]
debet medicus investigare [illegible] et bona [illegible]
[illegible] si malum [illegible] non mutetur [illegible]
[illegible] sic quod [illegible] dietis. malum [illegible]
[illegible] potabilibus malos [illegible] aut ebrietatem [illegible] aut [illegible] co
[illegible] labore [illegible] abstinentia [illegible]
[illegible] non tamen subito [illegible]
[illegible] sanitas [illegible] volumus [illegible]
[illegible] consuete [illegible]
[illegible] consueta [illegible] appetitum [illegible]
[illegible] consueta [illegible] conveniat appetitum [illegible]
[illegible] farmacie [illegible] dietis
[illegible] volumus de consuetis [illegible] ad inconsueta mutare
ne [illegible] subito sed paulatim [illegible]
[illegible] mala [illegible] mutari subito [illegible]
[illegible] volumus [illegible] ad [illegible] debemus [illegible]
[illegible] minuimus [illegible] volumus mutare
[illegible] ad cenam [illegible] spacio unius hore [illegible] prandi
[illegible] ad horam cene deducatur. sic [illegible] prandium
spacio unius hore [illegible] tardamus [illegible]
[illegible] observacio et ordinacio. Regimen sanorum [illegible]

S[illegible] sanitatis regimen [illegible] complexionis [illegible]
regimen [illegible] temperata [illegible] custodire
[illegible] temperatis incipiendum [illegible] temperatorum [illegible] rebus
[illegible] rebus temperatis ad sanos [illegible]

cibi et potib; sopno et vigiliis. coitu. cor[dis] accidentibus. aer.
si ac ē esset[ivus] ne quid intēpe tēpatis tēperent ut no patiātur
frm t' calim aere. s; medioc[r]e. sic in natīs. clar[us] subtile.
ac odorifer. huis sanitatē custodit. si ē extra aer arerido ē
cib; ti[m] tēpib; fiat. Exercitium sic sit diei fiat. & p[ro]pt[er] osue.
ipe digone et utol[is] in distinccōne ē egōnib; uir. tēpate tn fi
aut. & p[ro]pt[er] osue[tudi]ne. balneū ē fit p[ost] exerciciū. ipe tēpata sta
cōne. hat aq[ua] calim dulce. dm egēsti aītulū esercar. q[ui] uti
si inuerit. bibat qui[n]q[ue] au m[er]i voltē. p[ost] cibos tēpatos come
dat. sic agnos annales. hedos. vitelos gallinas. iturnos. p[er]dices
et silia. ī tēpatis odime cum codita. sic cinamomo. cum feniculo et
silib; mādicet. lactucas. scariolas. c[um] modico suco mte. l'
api. de fructib; comedat sic. uuas d; ea dari q[uod] magno appe
tant desidio. hui ē. sp[ecialiter] q[uod] silia desidiant. iupi sic tēpati. tēpa
ta q[ui]d desidant. ē paciunt[ur] cauī. cibos .u; mouent[ur]. hoc
ut. desidiū tēpatū ē. sp[ecialiter] suaz. cplonū tēpamēt. uinū tēpatē
bibat. sic palmeū l' roseū. hi ē m[a]e nouū cō uet. et medie
Canācit. evetate. sunt si put est cōnatī. desidiūs auo
cet. cor[pu]s. tamcōne t silic custodita. si fit. q[ua]m ē e[st] epe a ur[ina] ē
necessa. ut op[ortet]. Sudor de tēpatis evacuū. ubalneis fei. sic
Oīa actiēia aut sic nisi fiat. De accidentibus ani[m]e temperamentū cō[n]s[er]vantibus
gaudenda. p[ro]pt[er] leticia. qua calorē excitat ille. q[uan]do tn ānde
ē cogit aliq[ui]d disputacōe inuicem. ut cfortet mēs. ni
tōta ira. ut cfortet ut. Colplec[tionem] si ā m[ul]t[um]. s; ualli operat
i p[ost] digone sic regat. sana cor[pu]s t ūm tēpamentu. Caue
aut. ne peccet ī cibo. & potu. cib[us] ē malū cl[...] g[ra]uat
tēpamentū cplouis corrumpit. sic G. dic[it] ī lib[ro] de regimine sa
nitatis. uilta ē iq[ui]d tēpatā mutet cplōne. sp[ecialiter] Gula a tēpa
mento. ad itēpamēt. ducet. u ī malā icidūt passione. sic ma
la mutet cplōnē ē bona dieta ab itēpamento ad tēpamēt.
deducunt. cor[pus] tēpatū evenunt. ānuq[ue] sic dicim' ī suis
actoib; ipedimētū lnaa. sic dib; au ē sile. aūno sile.
sili. q[uo] actio n[on] ē ipedita. t ūli. q[ue]madmodū cor[pus] āpt
cia āsinari. ueu cor[pus] āfirmitas. no apparet. Ī Sequitur de
accidentib; tēpamētū excedentib;. q[uo]d actio n[on] ē ipedita. exire a tē
pamēto ad itēpamētū dupli[citer] ē. aut ī cplōne. aut ī cplōne.
ī cplōe. aut ī toto cor[pore] aut ī cib; dā mēbr. cl[...] de [...] illos q'

e i toto cor. si e regim cor. cu frodib. et solib. q sanis et tenui
scit cui et si tam regant. ut cor. complonet non sit ulterius temperam
tu. conferunt sana cor. et in ipsa permanere conservat. Que ca. cor.
regant e exercitio aeris et fricationibus balneis. cibo. potu. et sop
no. exercit. inter vigiliam et coitu. ut calida cor. fiat cor. in ead
inclinat. et q calor cor. est. siti. frigida e fria. humida e hum. sic e sicca.
regitur. q apte p tull. in de complonib. et. dispensatum.
Complones i corpe octo. sc. iiii. simplices et iiii. composite. Sept
ani ... q sit. cor. cal. et sic. hu. et sic. equa. ... se tempa
ta. ... sue ... usque ad pauca an media temperamento.
Que debent regi ... sic temperam cor. e solib. ... ad inuen
te devenire calor q cor. ... et augmentat. necte
ut ad temperamentum cor. revocent. i. e. reb. adeo frig. quia tempe
ramentu calor exstinct foras e calor fortes res. conveniunt ... frig. et de
bili debiles. debem mollire ... complonib: calor e ... rega
mansione eis faciam. ut aer sit fri. et septentrionalis. ... clar.
et ... magis si estas est. Caveant sole vigilias laborem. et ve
nerem ... Alii ... in lib. sanit. regim de ... Calidum i q
... no oport laborare. ... medg ...
... calore augmentat. ... custodiri sanit. cor.
... solute ... iusti e ... ad exercitiu fac.
... cor calida erat ... balneent in aq ... magis i ... Balnea
aq tepida. et fria i estate. max. iuvenes. ne defectione pa
tiant. oport tu ut prius calefaciant cor. e fricationib. ...
ant. dum i aq ... descendat. qui e tepida balneent. ...
ro tu post comedere. ... cor. ...
... dum i aq tepida descendat. ...
... Exercitent ungant. ... oleo ... et viol. et
nenufar. dum comedat pisces carne edulina gallinarum.
... cocta. aut e lacte. ...
... cara pira mala. et silia. ... album ... de
subtile. ... vinu e eis utile. ... alb
et subtile. Cor. ... frig. i hu. et sicc. equa mutanda sunt. ad tpa
mentu. e calefactionib: et exercit ... loca. et forcia
opent exercitia. Balneent i aq ca. i q cocta sit salvia e ...
... Unguent ... vel camomillon
... carne et ... e ...

viii. dueto. piper. i allium. asp. gariof. de hbis eruca. apium. menta rad[ix]
unum viii. [illegible] lavat. [illegible] pone. [et] matrice decoquit. Caveant
calide complexionis [illegible] [illegible]. Humida est cor[pus] [et] mitis i fortib; exerciciis i
[illegible] i loc calid morent[ur]. labori assuefaciant. mac[erentur]. veniunt i
i balnea calida aque aut aluminose v[el] sulphuree. dum est cor
[illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
carnes comedat. p[ost] siccas i salsas. [illegible] aceto [illegible]
[illegible] [illegible] forte. i mixt[um] bibat. Sicca si cor[pus] [est] hu[midum] [illegible]
[illegible] [illegible]. i [illegible] al. [illegible] labore. [illegible] [illegible] balnea [illegible]
[illegible] [illegible] mol[lia] i [illegible]. [illegible] [illegible] [illegible] i balneo. comedat
agnos lactentes. i pullos. i pisces [illegible] [illegible]. [illegible] de h[oc] por
[illegible]. [illegible] [illegible]. [illegible] si h[oc] exemplo ad ulteri[us] [illegible] [illegible]. [illegible]
[illegible] [illegible] [illegible] calor i [illegible]. [illegible] exemplo [illegible] [illegible]. [illegible]
[illegible] [illegible]. De corporibus temperatis pinguibus macris solidis raris et mediocribus.

F [illegible] [illegible]. [illegible] [illegible]. pinguedo macies temperata. soliditas. raritas. [illegible]
mediocritas. Cor[pus] [illegible] pingue. i macie temperate [illegible]. [illegible]
[illegible] i mag[is] [illegible] [illegible] [illegible]. Calor est [illegible]. [illegible] [illegible]. [illegible]
i [illegible] [illegible]. [illegible] [illegible] [illegible] ad [illegible] [illegible]. [illegible]
[illegible] [illegible]. [illegible] de temperata complexione. pinguedo [illegible] pessima [illegible]. [illegible] [illegible]
[illegible] enim cor[pus] [illegible] pessimum [illegible] [illegible]. [illegible] eor[um] [illegible] calori [illegible]
[illegible] angustia venar[um]. Causa angustiar[um] venar[um] duplex [illegible]
ex defectione cal[oris] [illegible]. [illegible] [illegible] [illegible] vene ex multa
[illegible] carnium. [illegible] [illegible] [illegible]. [illegible] angustia venar[um] [illegible]
[illegible] caloris [illegible]. [illegible] [illegible] [illegible] [illegible] indigestiva. [illegible] [illegible]
[illegible] [illegible] cor[pus]. [illegible] [illegible] q[ue] est pessimor[um] [illegible]
[illegible] [illegible] appoplexia [illegible] i [illegible]. [illegible] [illegible] [illegible] suor[um] cor[porum]
[illegible] ad [illegible] exercitium [illegible] labore. [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] i [illegible]. [illegible] [illegible] [illegible] i [illegible]
[illegible] [illegible] calore [illegible]. i fortitudo caloris [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. i sanguine
[illegible]. Vene eor[um] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] cor[pus] [illegible]. [illegible] [illegible] [illegible] calore
[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] cor[pus] [illegible] [illegible]
[illegible] [illegible] [illegible] cor[pus] [illegible]. macies [illegible] molestia [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] calefaciunt i desiccant corpora.
[illegible] [illegible] [illegible] [illegible] [illegible] macie. [illegible] [illegible] [illegible] pati cal[orem]. [illegible] [illegible] [illegible]
[illegible] [illegible] ad [illegible] [illegible] [illegible] carnium. [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] cor[pus] [illegible] magnam faciunt molestiam.

Frigide est ossa que sunt cum dura carne. [illegible] in iuventute est. [illegible]
[illegible] corpora magis [illegible] Sed est ad prim[illegible]
[illegible] Macilenta
[illegible] plus [illegible] sicut dissol
[illegible] sic videmus [illegible] sic lapides.
[illegible] tante pessi
[illegible] extenue
[illegible]
[illegible] levi
ca [illegible] sint lenia et mollia [illegible]
cibaria ut [illegible] agnina. porcina. edulina. Galline [illegible]
[illegible]
[illegible] balnea [illegible] Que sunt calide [illegible] ac
[illegible] mel [illegible] lactata [illegible] amigd
[illegible]
[illegible] lacte [illegible] ut amigdalis [illegible]
[illegible] lentes [illegible] ordeum [illegible]
[illegible] Graciles extenuati [illegible] nimium [illegible]
[illegible] Ieiunium assuefaciat. balneis [illegible] salsa
aqua sulphurea [illegible]
[illegible] Extenuati [illegible]
[illegible]
[illegible] panis furfureus. [illegible] spinachia [illegible]
[illegible]
[illegible]
[illegible]
[illegible] Cor
[illegible]
[illegible]
[illegible] Color est corporis [illegible] flavi [illegible] pilosi [illegible]
[illegible]
[illegible] plenas. [illegible] solida [illegible]
[illegible] solida [illegible]
[illegible]
[illegible] Solidi
[illegible] pilorum [illegible] lentas [illegible] car
nium multitudo. [illegible]
[illegible] sudorem [illegible]

cibum non sustinent. propter paucitatem dissolutionis corporum illorum et quia non penetrant
cibi. ut bone digestionis est necesse parum liberari. certo quod fatigantur corpora
mali humoribus in ipsis clausis propter sudorem non dissolvuntur. unde in lacertis premuntur
tristes et fatiguntur. sepe remanent illorum est accidentia. et ut humores
coadunata in ipsis. quare necesse est hiis pauca dari cibaria. sterilia ac
humida. ut bona habeant digestionem ne in ipsis superfluitates humorum coadunentur
quod in ipsis sanguinem nolunt. certo igitur illam propter paucitatem sue dissolutionis. solida quia de exterioribus malorum elementorum habundantia. firma
est. quare de pauca superfluitate cibi non dissoluta multa agitando quia
est de exterioribus. sed tamen sunt solum et certis non remanent illorum accidentia. ideo necesse adterioribus prestare. propter soliditatem corporum illorum pa
ru... stiptica ... remanent ... cum certo ...
... accidentia. contraria ... Capitulum. Rara corpora solida
meliora ... quam ... de superfluitate cibi ... plenitudinem
... pacientur ... de exterioribus accidentibus. De rubea complexione ex qua humor malus.

Oportet regimine ... corporum complexione ... ubi ... in toto corpore
... custodia corporum complexioni ... temperatis ...
... placabilem ... necesse est
... complexione ... inveniuntur ... debilia
... neglecto. ... dubio morbus laedit. Capitulum. Qui venas ... aquilas.
... bona carne ad complexionem devenit. ...
... de malo cibo. Unde succendere ... temperatis ... durities ...
macilentis. ... apparuit ... succendendi ... aerem
in ordinatis ... capud ... mala. necesse ...
li humores coadunantur. ... complexionem corrumpentes. Unde ... complexio
... calami ... cibus ... Fo
... i... contra ... mole. ordinem ...
... ...
... apponantur. ... aqua ... ...
... ...
... ...
... ... de ... ...
... capud ... ...
... ...
... ... capud ... ...
medicaminibus; ... capud ... ... capud

ī hyē. c̄ olo nardino. calidius. [illegible] silib; fomtet c̄ aq̃ cū
ī q̃ cocta sit camomilla. melilot̄. al̃ [illegible] y silia ¶ Celare
vigiliā sit. c̄ qntur sic dicit. ¶ Qui autē [illegible] capita sit apula
ztē i dolore capit. paciunt. uenie y tridq; capit ī cadit. S; q
ledat dolor capit ē de cā alb ore sto sciendum. ¶ Si nī a capite
ad stōm inferior. dcuti sit ss. sic explanabim̄ c̄ de isto loqui.
S; que fundi. ne ex capit dolore oculos aurecle paciunt
mude ē cē. hui capit repugnatn. ne ad oculos y aures dec
cendat. S; at fac ē c̄ capit fegune p nares y p palati de
narib; c̄ iriutacde de cydoni nigella. i silib;. de palato.
c̄ gargarismate. de cyminle y ac̃ta. c̄ cocta sit pure
tum stapisagria. iacea y silia. S; tpr ī vestigand ē ante
cū co2 medificat sec̄ ire. ¶ Quiat nō sit p̃gatū p̃ f̃gere
c̄ reb; medicamentis; tote co2. i imagr capd. d'ni vegami oc
oclī cedant [illegible] nīo calore fio pulue. i fumo i splendore. *ii de ffledus calor*
sol. splendida corp; auc t̃ns. atoc q̃ia. sic nunc intē lege *de iris lec*
ab inspectione vitalis paret. nīo luctu. supine iacere. *calor lediu*
mali q; ob usui nocentib; sic si lenter cauler. caro sic
cu. i ic capi dolore feliaenca. sic tepe pora allia. S; cia
capi y usui nocet. gratia c̄ abarie diconit sit dcā. gratia
chimos q̃nancia. i tarde cenare i cohit dol ocli fciunt
q̃ uitanda sit. Singlan̄ hui i oclis y aurib; coadunator
solue. sit tufti aq̃ ea. i cocte sit melilot. ocli q apuertie
ant. ¶ Collirium q̃ aurimonū. tutia de idia. cyclam c̄ sue *collirium.*
co coriand. i merarabi etc c̄ succo uuar agrestiu. confici au
tem. c̄ aq̃ plu. ¶ Est optime ualet cibicatg. ¶ Q' tuciā a dic cad
mia aurea antimoniū cessit pode. c̄ aq̃ iq̃ cocta sit bellia
[illegible] succus ume agestir. ¶ Ald ¶ Q' tucia idie. c̄ succo mat
conctu. ¶ ; c̄ p̃gando tepe. aliq̃ ds et paciuntur uir deferre
ex acuto illo capit. i ex sangue de narib; emanare. ali de
uoteu. auc de magium ucalib; y silia. ¶ Ex lnis at eparatur.
ocli. desiccantur. deficiunt. q̃d solr c̄ de narib; fluere.
sanguis i sp augmentatur. c̄ remmat aut lasiaunt. f forte
bibat pocione. y influencie c̄ ols. c̄ veb; ceti in hac lum
tab; co2 ugat c̄ olo uiol. i acete. hui co2 p̃scribe. dom
dim ptisanā lactuc. i silia lauent ocli de carnib; por
cellina edullina oua clica. ¶ Fomtetur caput i oua [illegible].

et as top. in cocta sit oculi in lactue [illegible] et alia lauentur oculi. lacte
mulieris puelle lactentis. Item ad oculi caliginem [illegible] aeru
ginis [illegible] aceti acetum [illegible] [illegible]. tempta oculi
[illegible] quod [illegible] acuat. [illegible] sic
[illegible] donec [illegible] sit oculis [illegible]
de [illegible] [illegible] parte [illegible]. [illegible] detectio [illegible] fuit per
calorem [illegible] faciunt et collum [illegible]. [illegible]
est. [illegible] [illegible] [illegible] lactuce [illegible]
[illegible] sic fumus. [illegible] detroccatio per [illegible]
luna. [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] aqua in coct[illegible] [illegible]. quod [illegible]
per sol splendore [illegible] [illegible] [illegible]
[illegible] oculi [illegible] non [illegible] [illegible]
[illegible] [illegible] magnum [illegible]. sic sit [illegible] ab
acuta [illegible] [illegible] sic repetitum
[illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible]
[illegible] cum [illegible] ex eo [illegible]. De [illegible] dentium.

Dicitur [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]
sic [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] xx [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]
capiti magnam [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]

necē. flā a capite ad stom descendit. Hec debet eis dare
catū electuarii calefaciētes manuchristi. sic ē oximel uōit de squille
1 radice ē aq̄ ca. ij. ē etiā qd̄ [illegible] aū marine. ī aceto īfusi. 1 ac
si mastic. aū ʒ. iij. ligni aloes. spodij. sandali. al. in ecte roś.
aū ʒ. iij. cip̄ cardimomi. cubebe. aū ʒ. i. caphore ʒ. s. fiat pl
uis 1 adde mel q̄d sufficit. Si [illegible] exploraueris [illegible] qd
a capite descendat [illegible] idem [illegible]. Si uenit in hunc stupra
ē. uitat duplicem. si sic solidat. dimidiā [illegible] apponenū
Qz si stō defec fit [illegible] abhominacione. 1 uenit sic stupra
dem ī mō [illegible] lagenā elixa. 1 cocta ē aceto olo oblomaga
[illegible]. postea [illegible] confortat. 1 regone [illegible]. sic coturna
pira mala. 1 filia. Q̄ [illegible] cardiaca. flora [illegible]
1 aū. [illegible] cocta nō. 1 [illegible]. pect⁹ de sandal. 1 aq̄ ro. cū
phora. camplet. [illegible] hūt defcom. [illegible] sui de
mat. [illegible] alia ne fructib; sitis [illegible] aloes. 1 ligo
aloes. [illegible] ne [illegible] 1 subeat [illegible] t. aq̄ [illegible]
uere [illegible] ne aliq̄ [illegible] pbibendi [illegible] ne ē aliq̄ le
ticia [illegible] ledant. [illegible] aliq̄ accidētib; [illegible]
[illegible] q̄ ex opilatū hūt. acc [illegible] de radice. pl [illegible]
[illegible] cimini. origani. carui. dauci. apij. semī calamenti. [illegible]
ciminū [illegible] comedat. Caueāt oīa dulcia sim cibi sic ut
potus. [illegible] 1 [illegible]. Qui [illegible] hūt ex [illegible] nō [illegible]
[illegible] ut paulatim descendat [illegible]
[illegible] cibi sic [illegible] 1 facit [illegible]. De lapidis generatione in renibus
Quib; in renib; solēt generari lapides. sic macilenti. dieta [illegible]
subeat [illegible] mediocrū [illegible] sic pisces [illegible] qe
[illegible] in flumine claro petroso forte fluente. 1 [illegible] re
moto. 1 [illegible] Gallina [illegible] 1 [illegible] si fuerit [illegible]
[illegible] sic de [illegible] pull [illegible] spinachie. [illegible]
[illegible] semē melonū. cucu. ē [illegible] aut [illegible]. De illis qui hūt [illegible] dos [illegible]
Qui calor hūt testiculos [illegible] ut [illegible] spermatis [illegible]
[illegible] nō tantū [illegible] spma emittit [illegible] ut eis
deficit. 1 defectione [illegible] 1 debilitacione [illegible]
[illegible] spma augmentancia. [illegible] spma de
siccantib; [illegible] in q̄b; [illegible] frigiora [illegible]
[illegible] dum ē aq̄ [illegible] 1 [illegible] lubi 1
femora ex opio [illegible] succo [illegible] ut

spinne bibant cum aq(ua) [illegible] ligent(ur) sibi femora [illegible] a superiori(bus) i(n) lectis
agni casti. r(uta) citra lactuce rose (et) absinthia. Et si sp(er)ma coagulat(ur) noce
at eis [illegible] coheat. p(ost) comedant cibos laudabiles sanguinis genera
tes. De regimine mulierum. [M]ulieres p(re)gnantes viuant habitet. [illegible] plu
[illegible] a [illegible] ne [illegible] fiet [illegible] magnus. c(or)pe neq(ue)
[illegible] p(ro)p(ter) [illegible] oppilatione. aer [illegible] n(on) ualeat. Vnde aut [illegible]
ret [illegible] ex [illegible] labore. [illegible] p(ro)p(ter) conatu(m) i(n)fantis [illegible]
[illegible] [illegible]. Et multi q(ui) [illegible] h(abe)nt [illegible] debiles. [illegible]
[illegible] calefacientib(us) (et) [illegible] p(ro)hibe(n)t se a [illegible]. [illegible]
[illegible] [illegible] [illegible] ma(x)i(me). a [illegible] [illegible]. balneis. a [illegible].
[illegible] [illegible]. Si eis [illegible] q(ue) [illegible] [illegible] paciunt(ur) dolorem. [illegible] a
[illegible] [illegible] [illegible]. [illegible] [illegible] p(ro)p(ter) [illegible]
dol(ore) (et) debilitate (et) [illegible] plenitudine. De [illegible] ma(x)i(me) si fuerint
[illegible] assuefacte. [illegible] (et) [illegible] (et) balneum negligente. [illegible]
[illegible] ma(x)i(me) p(ost) cibum. Op(or)tet ut [illegible] [illegible] (et) assuefaciant
[illegible] cibis. [illegible] [illegible] [illegible] [illegible] facilib(us) aut [illegible]. bal
neis [illegible] [illegible]. [illegible] [illegible] dol(or) [illegible]. [illegible] i(n) dolo
ris. [illegible] [illegible] [illegible] sanguinolenti. (et) [illegible] [illegible]
[illegible]. [illegible] de [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible]. Si e(st) [illegible] [illegible] [illegible] [illegible]. [illegible] n(on) [illegible]
[illegible] [illegible]. [illegible] [illegible] [illegible] plane [illegible] e(st) de diuersitate [illegible]
[illegible]. [illegible] [illegible] [illegible] loco. q(ui) [illegible] male [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] dispositione [illegible] [illegible] [illegible] [illegible] de [illegible]
dia sanitatis. [illegible] [illegible] [illegible] [illegible] [illegible] dispositione [illegible] [illegible]
[illegible] [illegible] [illegible]. [illegible] [illegible] sanitatis custodia [illegible]
ordo [illegible]. de regimine [illegible] sanitatis [illegible]. [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] custodiendum. De [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[Q]ui sua(m) nesciunt custodire sani(tatem) p(ro)p(ter) i(m)pedimentum negociationis [illegible]
ne [illegible]. [illegible] [illegible] [illegible]. [illegible] e(st) p(ro)p(ter) gulositate(m) [illegible] [illegible]
[illegible] nesciunt. [illegible] op(or)tet ut usum ordinare [illegible] [illegible] [illegible] e(st) [illegible]
[illegible] (et) [illegible] [illegible] necessitatis [illegible] nesciunt ad [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]
[illegible] [illegible] [illegible] aut [illegible]. [illegible] dieta [illegible] [illegible] [illegible]. (et) ad
[illegible] [illegible] deueniunt. (et) [illegible] illos [illegible] nullo nocumento. [illegible] [illegible]
de [illegible]. Vidi [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]
[illegible] [illegible] [illegible] lac [illegible] (et) [illegible] [illegible] de [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible marginal annotation]

a sco ad caput post quia uentosa ad umbilicum est ad os stomachi. In febribus etiam et continuis dolentibus capite et naribus et uapor emissionis cum ad ipsum ascendente ponitur uentosa ad ... umbilicum. carnositatem corporis minuit et ad surditatem ... ad plantas cum pede sine scarificatione et contra dolorem capitis et colla uel tractus et sanguine per faciei ruborem. pustulas eius rubeas. oculos et ruborem uel de calore uel dolore dolentes confert uentose cum scarificatione in occipitio et supremo inter scapulas et ad cubitos et ad meditates naribus.

Propter pleuresim synocam inflatiuam scarificatur cum uentosa inter scapulas sed prius est non audeam ... caueat quod est contra pleuresim ut consequenter ab ... ribus ad exteriora uentosa ... cum scarificatione. hodie uel ... similia loco ipsum dolentem sed tamen scilicet quod accrescat ... dolorem ... uentose est ex pleuresi dolentium ... magis acutum humores et intemperanei ... sed magis calefacientes magis uel magis fixum ... contusione sit sine non extrahatur per uentosam est sine scarificatione per corporis ... ad ipsum locum dolentem ut de ... sit dolor in intestinis licet ad ... uentose ... ad ... sepissime fit est ... extractione sanguinis ad superficiem ut in ... albamos ... a cum ... ponitur ad ipsum locum uentosa sine scarificatione contra dolorem oris ... de uentositate uel ... humoribus calidis uel frigidis ponitur uentosa

sepius cum scarificatione sepius ad ... pectoris ... ad menstruum.

[illegible marginal annotations]

[illegible] ut [illegible] [illegible]

q cor hidram̄ [illegible] [illegible] [illegible] [illegible] spina [illegible] [illegible] istorum [illegible]

9\. [illegible] marciato. oleum laurinum. dialtea [illegible] [illegible] [illegible] [illegible] [illegible] calx [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible]

diciamus q̄ [illegible] [illegible] [illegible] balneet [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] ligni [illegible]

q̄ rupturam puerorum. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

cunabulis ponat et cum manu [illegible] [illegible] [illegible] [illegible] [illegible] et [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] q̄ [illegible]

cum fascia et sic [illegible] [illegible] [illegible] et [illegible] [illegible] [illegible]

scolida [illegible] et p̄ [illegible] dies sanabitur. [illegible]

Ad albugines vel maculas [illegible] Accipe [illegible] [illegible] [illegible] [illegible] [illegible] et pone [illegible]

bachinum vel scutellam eream [illegible] [illegible] [illegible] [illegible] [illegible] accipe lardum et coque et [illegible] pone in

baccino donec [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] ponatur [illegible] [illegible] [illegible] [illegible]

Ad guttam fistulam q̄ reddit nigrum venenum. Accipe [illegible] siccam vini albi et de succo [illegible] [illegible]

intinge et pone [illegible].

Ad cancrum q̄ reddit album venenum. Accipe [illegible] [illegible] et [illegible] lana et pone et sanabitur.

breue ad [illegible] puerorum vel [illegible] mulierum. Accipe tres hostias in prima scribe + [illegible]

saluator [illegible] in secunda + [illegible] [illegible] in tertia [illegible] + [illegible] sabaoth [illegible] et dic hanc orationem [illegible]

[illegible] nostram [illegible] et [illegible] [illegible] [illegible] comedat in [illegible] [illegible] [illegible] [illegible] hostiam in alio [illegible]

[illegible] in [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

Ad tumorem splenis. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] et auricularem sinistre

manus [illegible] diebus [illegible] [illegible] balneet [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] ignem et apponat [illegible] [illegible] tegula calida [illegible] [illegible] [illegible] [illegible] [illegible] dialtea vel butiro

et hoc fiat aliquibus diebus et [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] et sanabitur.

ut [illegible] sorbilia et [illegible]

[illegible] q̄ cibaria subtilia debent precedere grossa [illegible] [illegible] [illegible] [illegible] distancia [illegible] cibaria grossa

debent precedere [illegible] [illegible] [illegible] non [illegible] magna distancia ut carnes bovine debent precedere

porcinas et arietinas et porcine gallinaceas et [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] in [illegible] libro suo. [illegible] prima est q̄ venter non sit fluxibilis [illegible] [illegible]

esset fluxibilis [illegible] [illegible] [illegible] [illegible] [illegible] ut [illegible] [illegible] [illegible] [illegible] [illegible] ut [illegible] [illegible] ut distinctia

[illegible] est q̄ [illegible] non [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] cibaria

subtilia. [illegible] [illegible] est q̄ [illegible] non sit [illegible] [illegible] [illegible] [illegible] [illegible] vehementer appetitum et

[illegible] [illegible] [illegible] [illegible] et [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

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[illegible] [illegible] [illegible] ad [illegible] [illegible]

